

Maximising durability and sustainability in the Middle East climate using precast concrete



مرحبا

Welcome



Why sustainability?



The Middle East has **five per cent** of the **world's population** but only **one per cent of the water**.

Source: World Bank

Every day the worldwide economy burns an amount of energy the planet required **10,000 days to create** - the stored solar energy is burned and released by utilities, cars, houses, factories and farms.

Source: Paul Hawken, *The Ecology of Commerce*





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What is the
environmental
impact of
buildings?



39% of energy use

- **80–85% operational energy during lifetime**
- **70% reductions possible**



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**solar
reflective
paints
reduce
heat by
50%**



12% of water use

- **50-60%** reductions possible



Recycle greywater

...

and use it for



irrigating gardens with **100% greywater** to supply all irrigation and save 30% of water total household use



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Rooftop
gardens





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68% of total electricity use

- **Energy conservation has twice the financial return of renewables**
- **Alternative energy creation**
- **Electrical efficient design**
- **Insulation**
- **Passive design**
- **Natural lighting**



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- Lighting consumes 19% of the world's electricity
- Eco bulb's use **80% less** power
- Integration with good daylighting design can **reduce this a further 50%**



38% of carbon emissions

- Reduction of energy use
- Reduction of water use
- Reduction of electricity use



A thought . . .

- Buildings mortgage the energy and environmental future



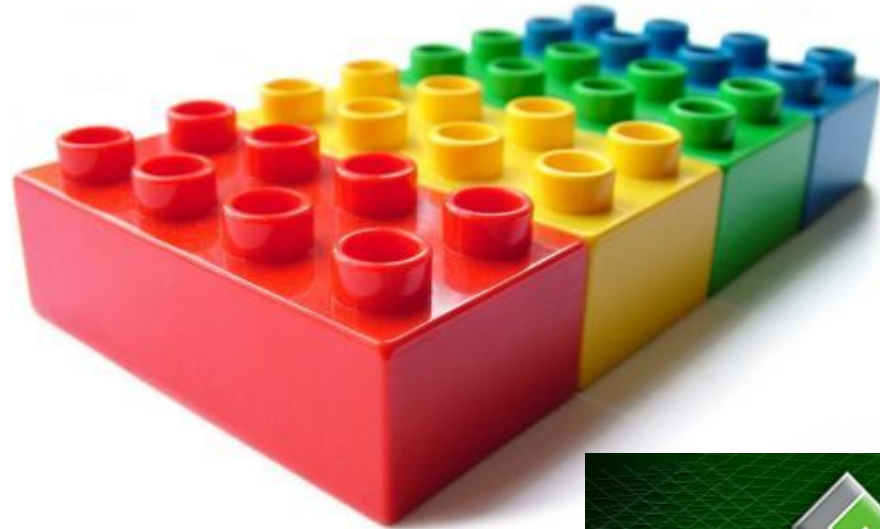
**start searching for
sustainability**



IMAGINE
a building system



that makes building
as simple as LEGO



Green Precast Systems

Stack complete “wall and ceiling” precast components one at a time



Green Precast Systems

Up to **2 times faster** than other precast systems with modular room sized units stacked 5 stories high in a day



factory fit out



factory fit out

Windows & door frames cast in



factory fit out



factory fit out

First fit electrical & MEP



factory fit out

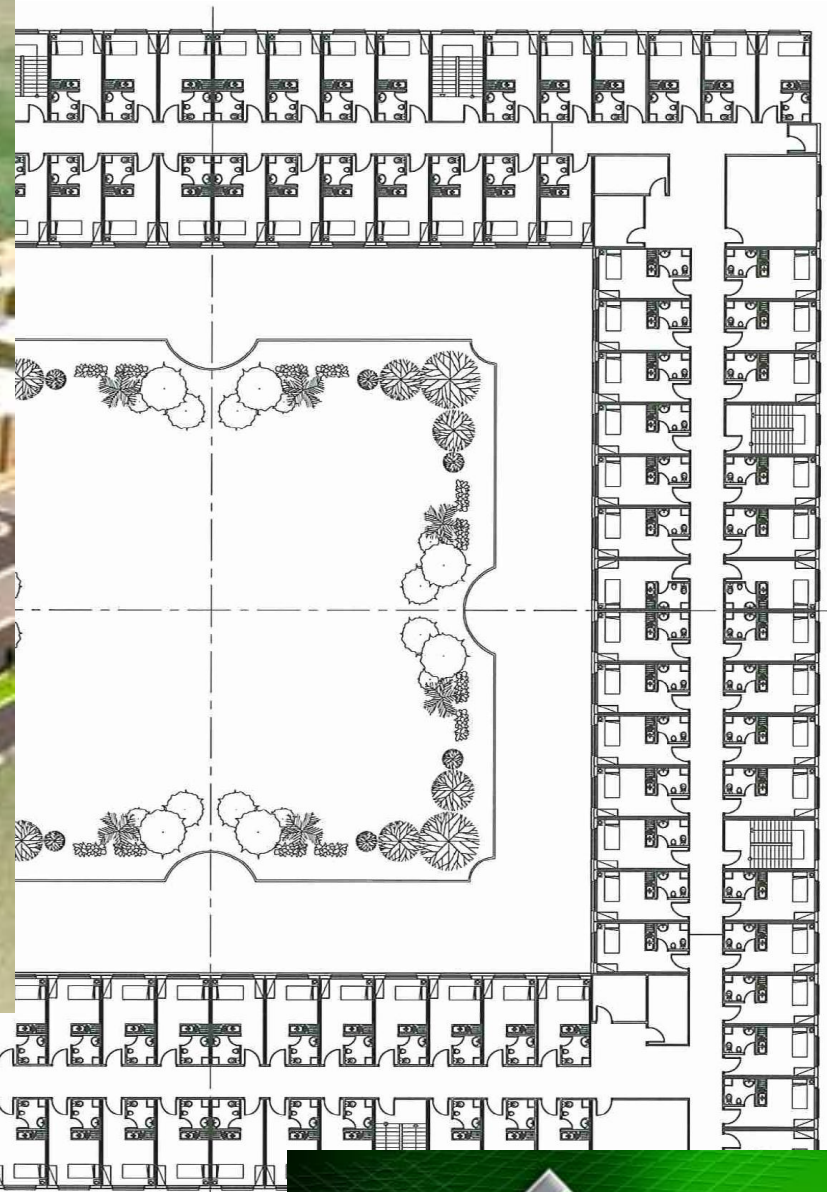
- Painting
- Balustrades
- Floor polishing
- Kitchens & Bathrooms



factory fit out

- Painting
- **Balustrades**
- Floor polishing
- Kitchens & Bathrooms



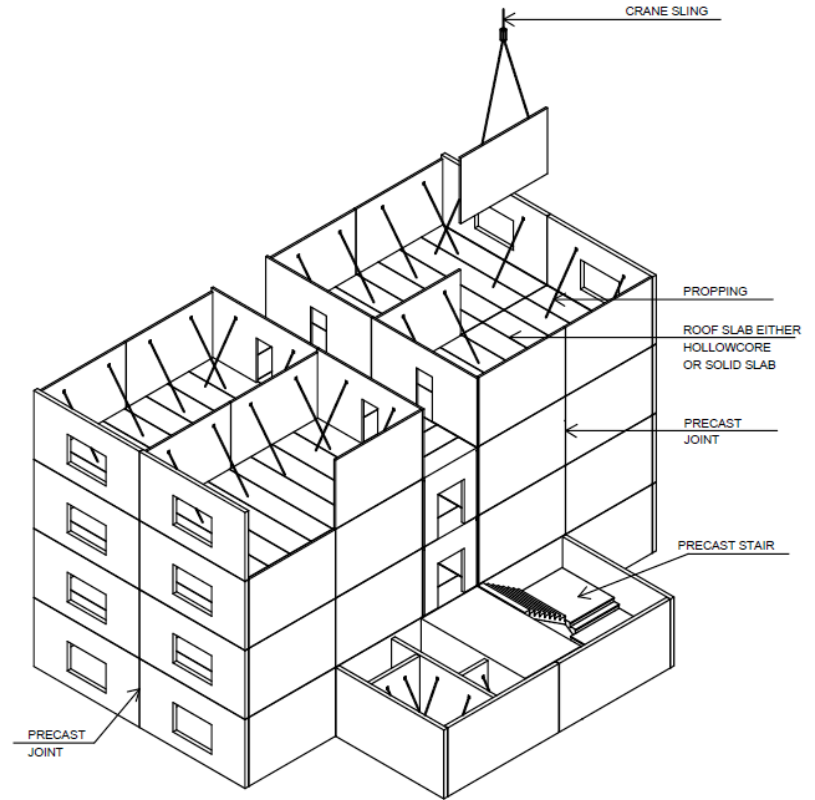
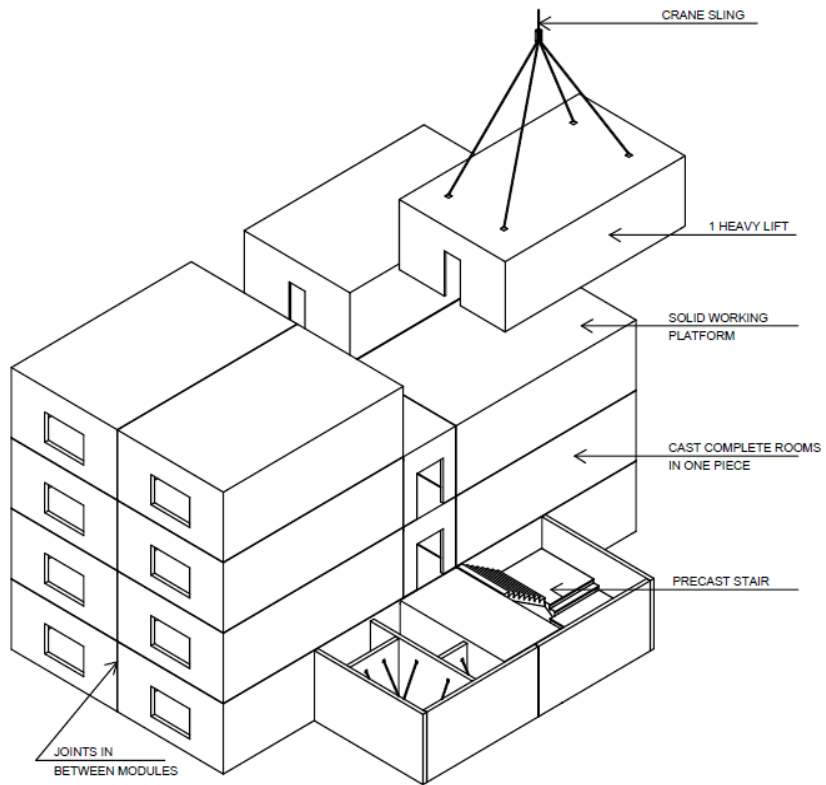


FIRST & SECOND FL

Large multi story projects



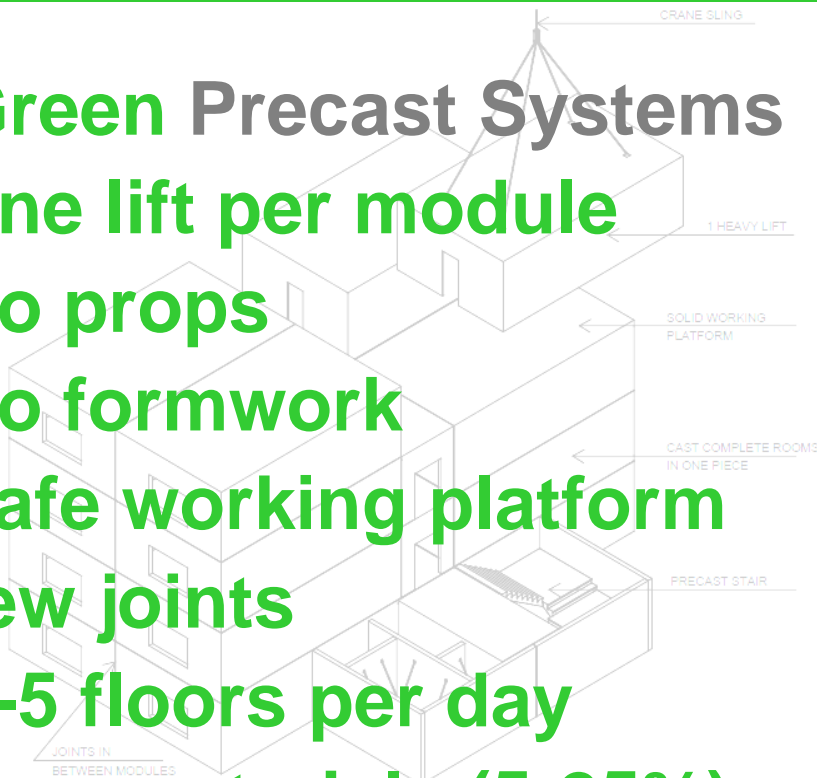
Multi story comparison



Multi storey comparison

Green Precast Systems

one lift per module
no props
no formwork
safe working platform
few joints
4-5 floors per day
less materials (5-25%)



Tilt Slab

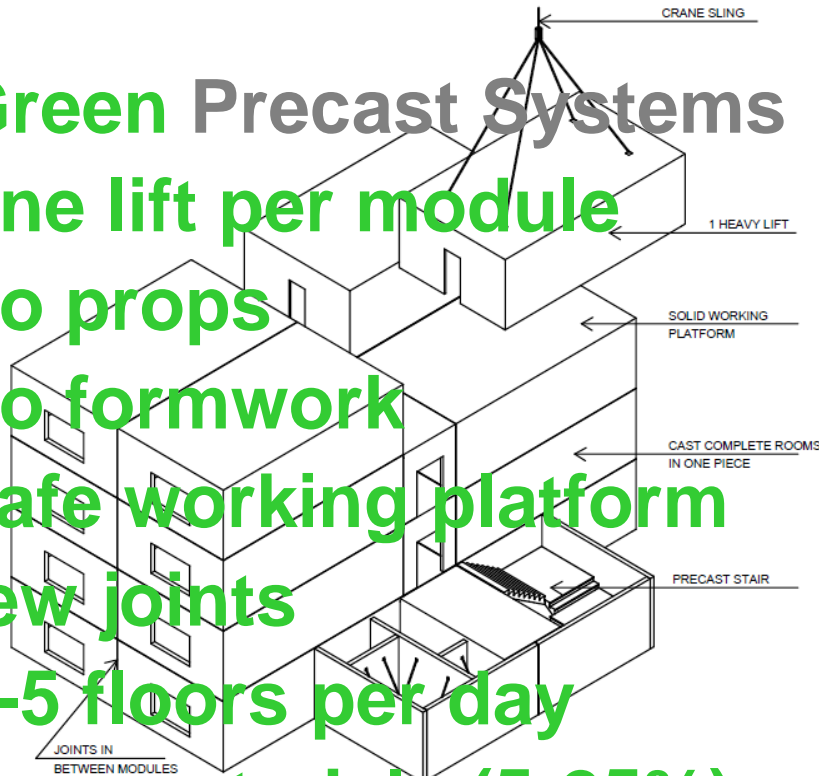
many lifts
many props
formwork required
no working platform
many joints
1-2 floors per day
inflexible material qty



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... contemporary townhouses





. . . and villas



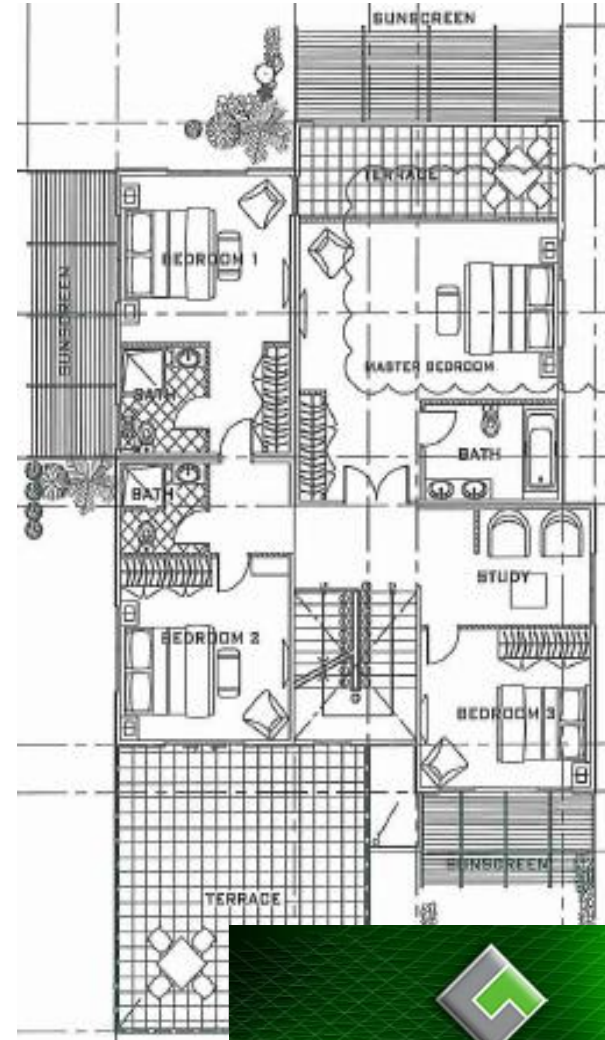
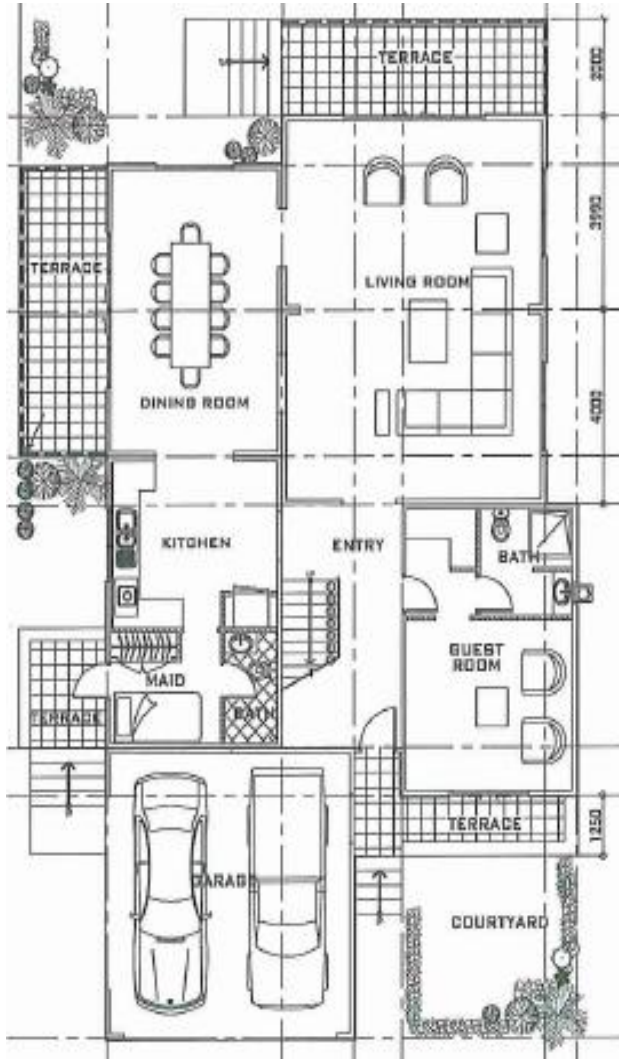
Al Ghadeer prototype villa



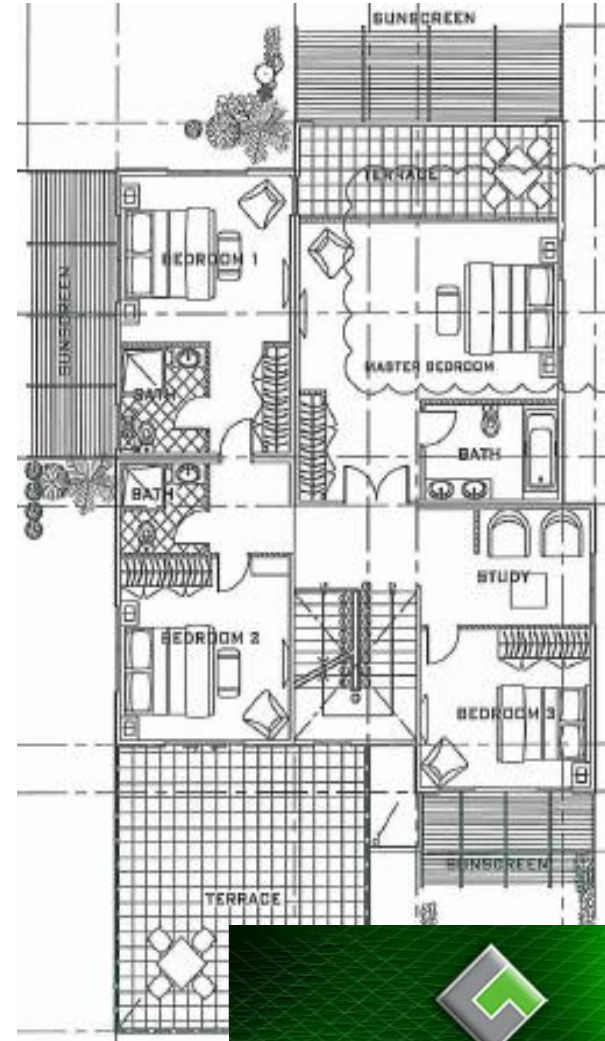
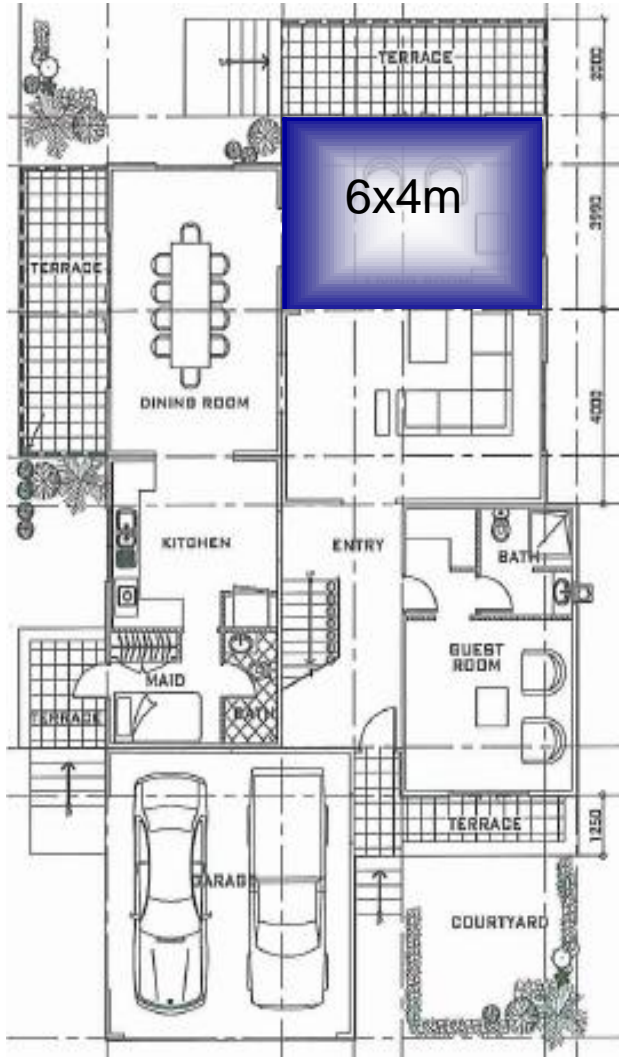
Construction January 2009



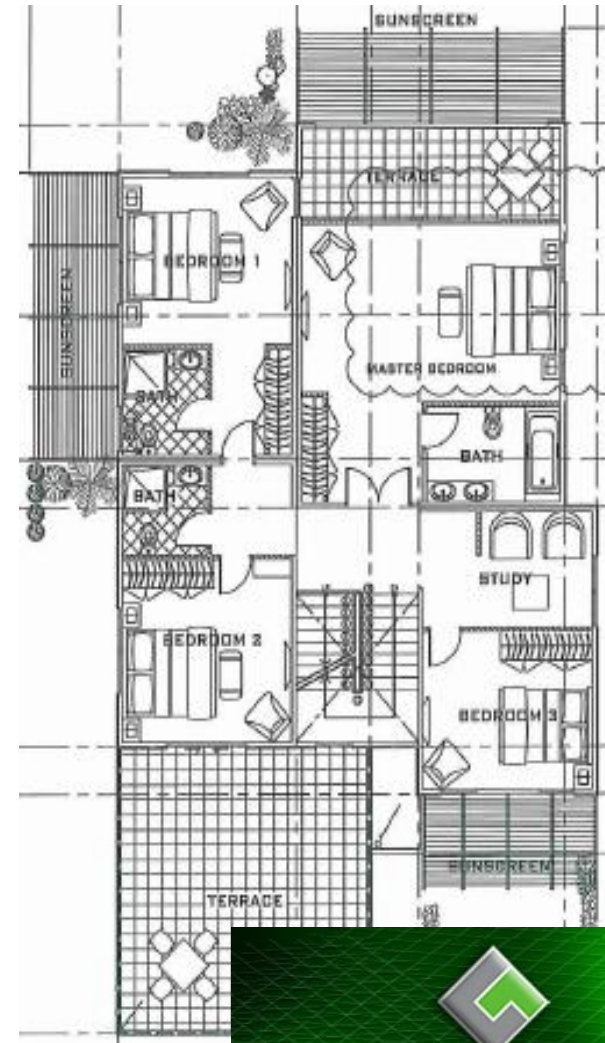
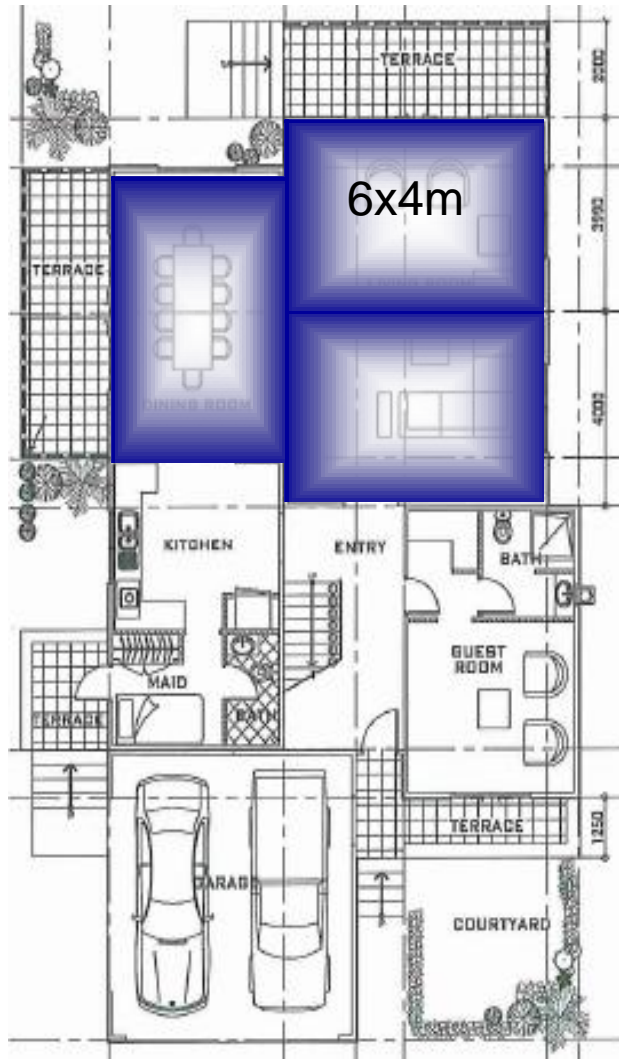
Al Ghadeer (ground & 1st floor)



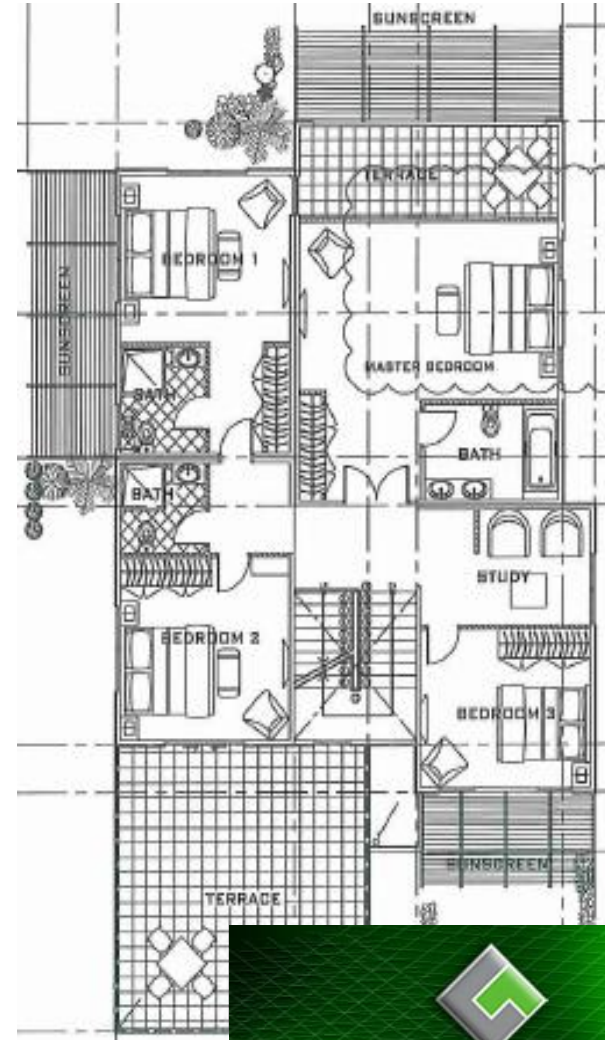
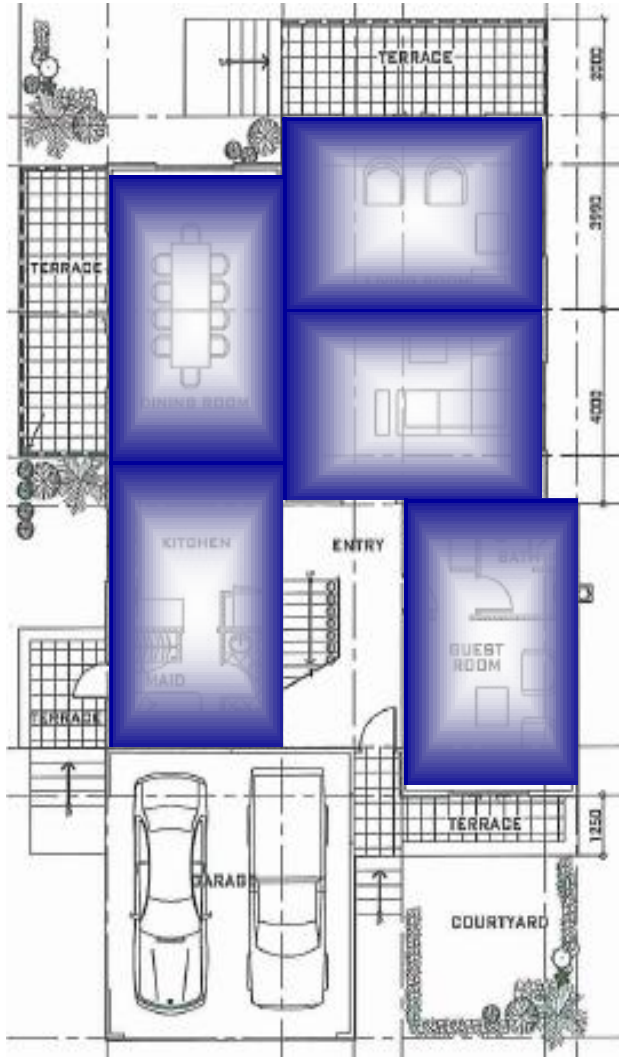
Al Ghadeer (module placement)



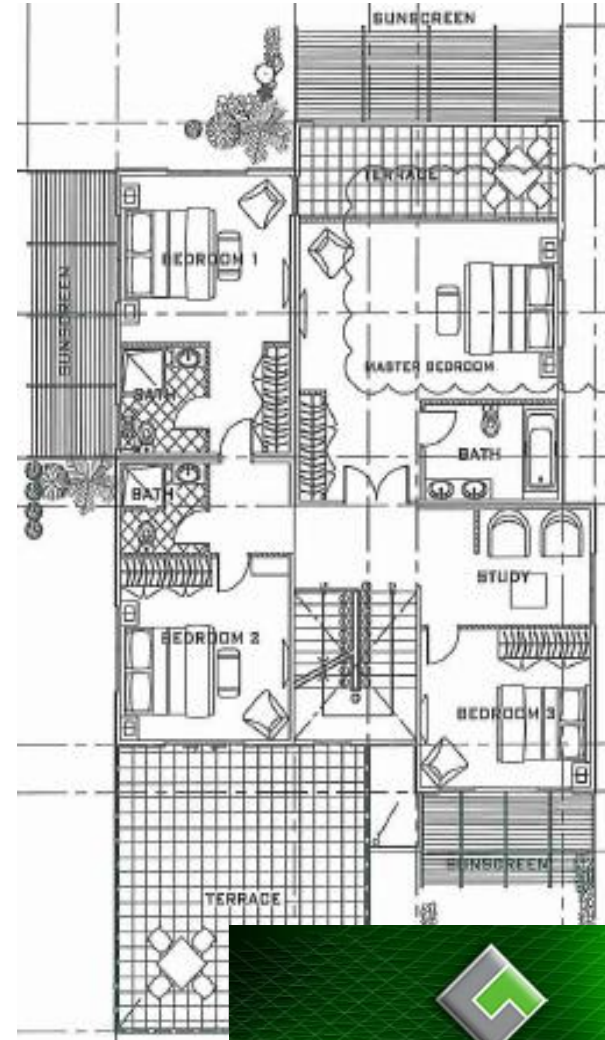
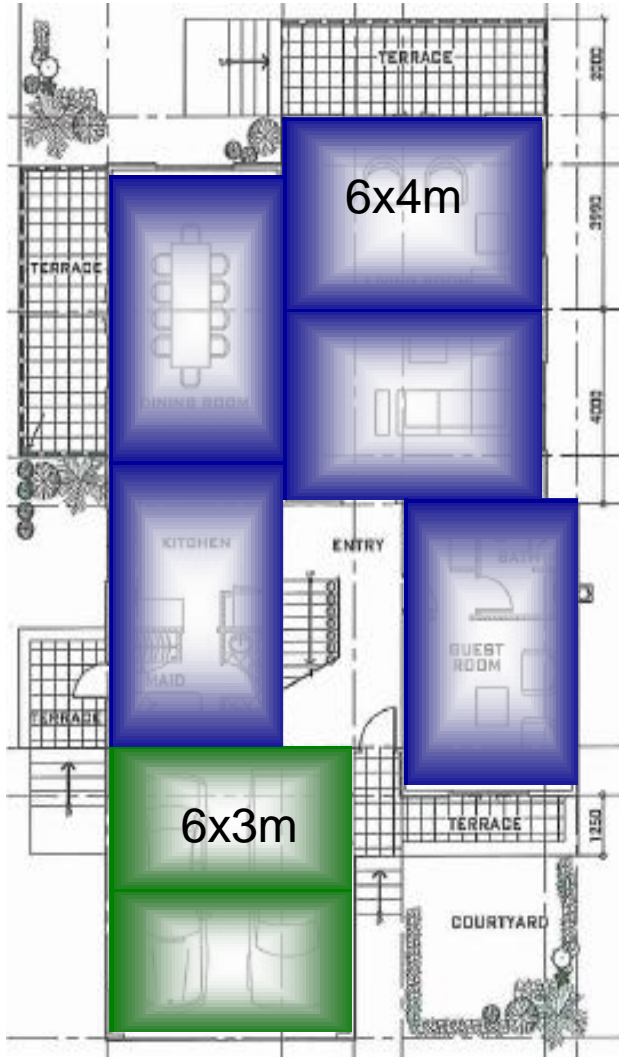
Al Ghadeer (module placement)



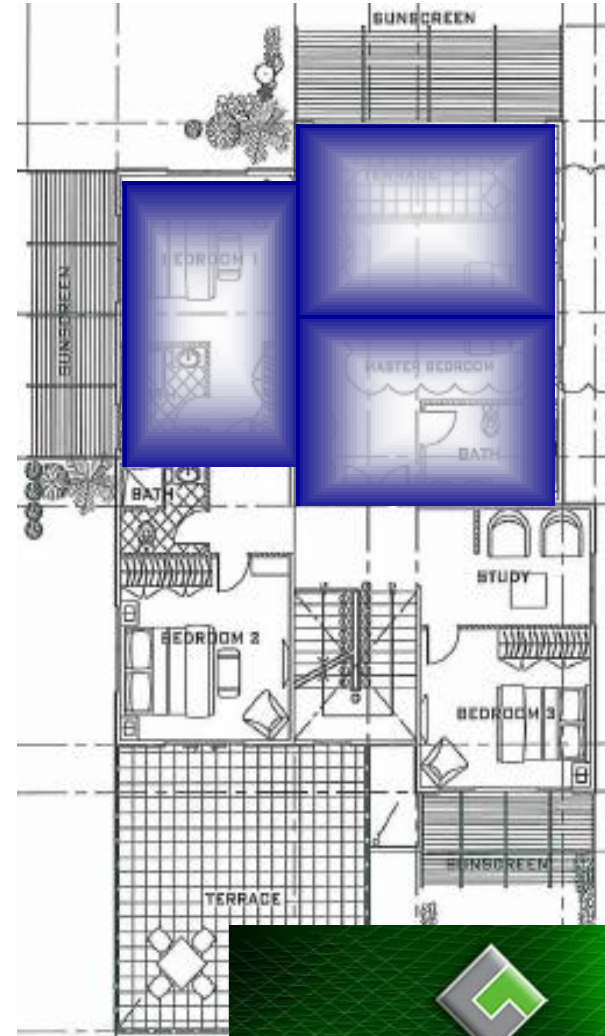
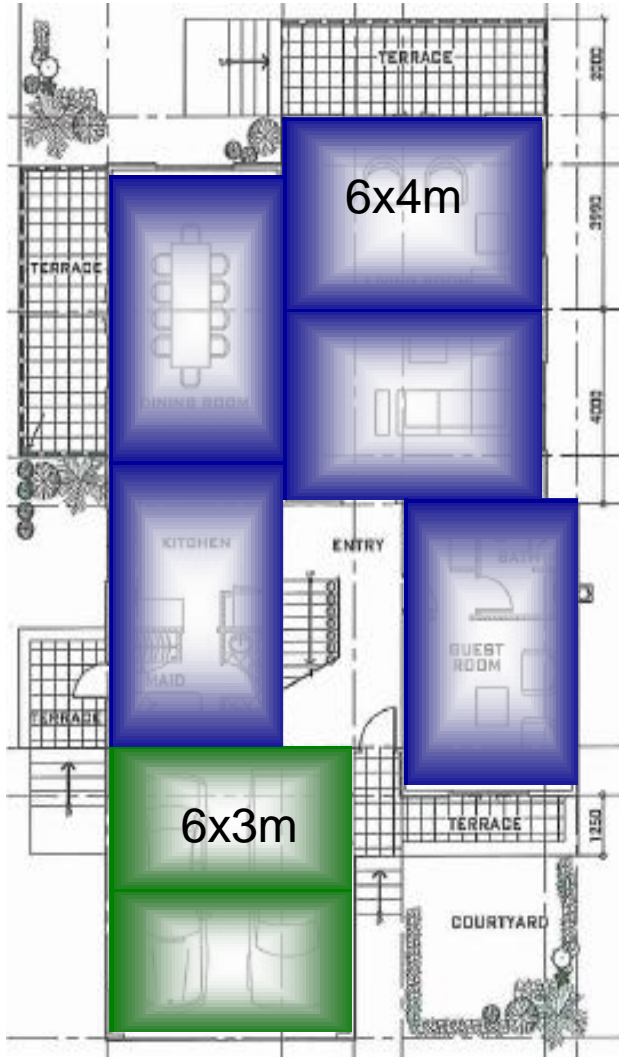
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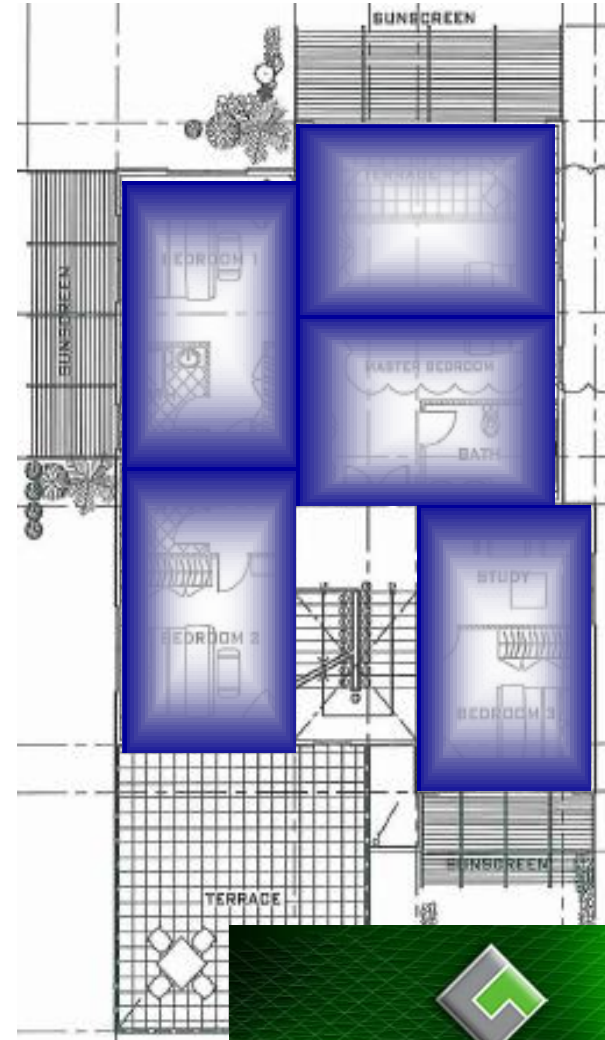
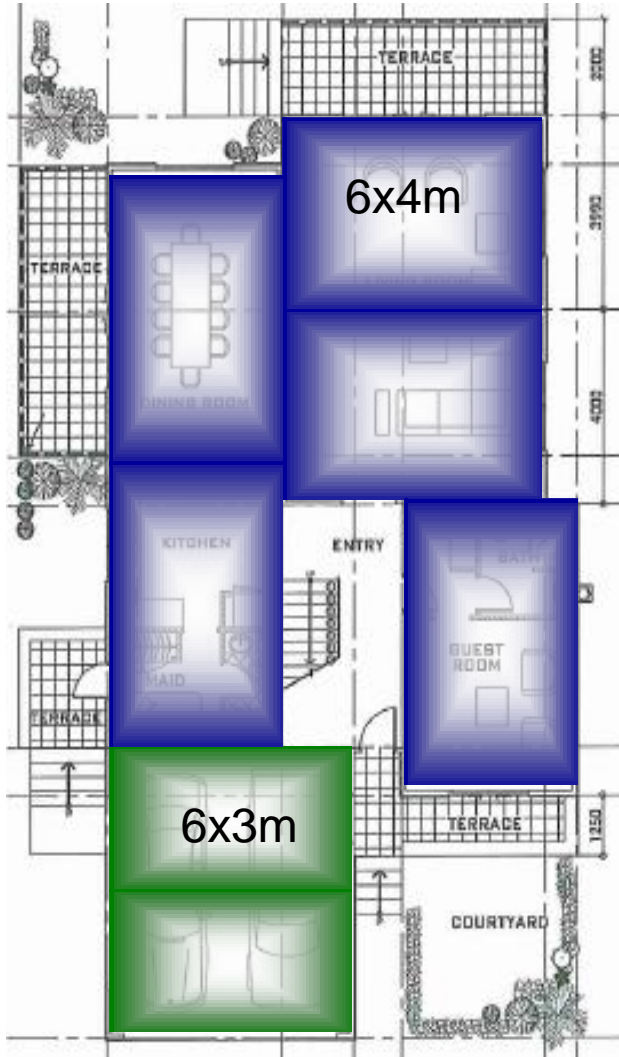
Al Ghadeer (module placement)



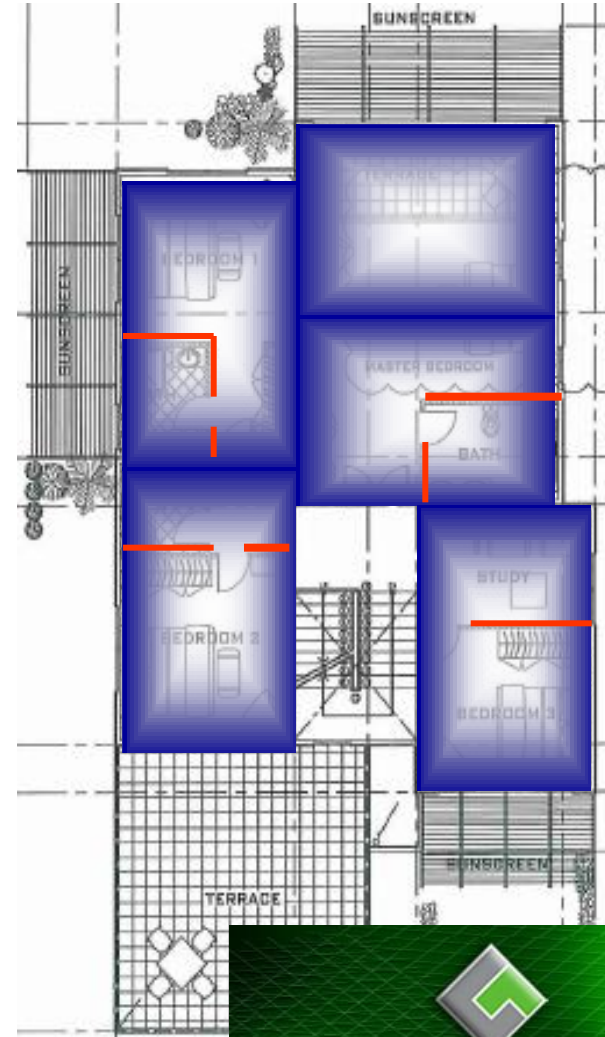
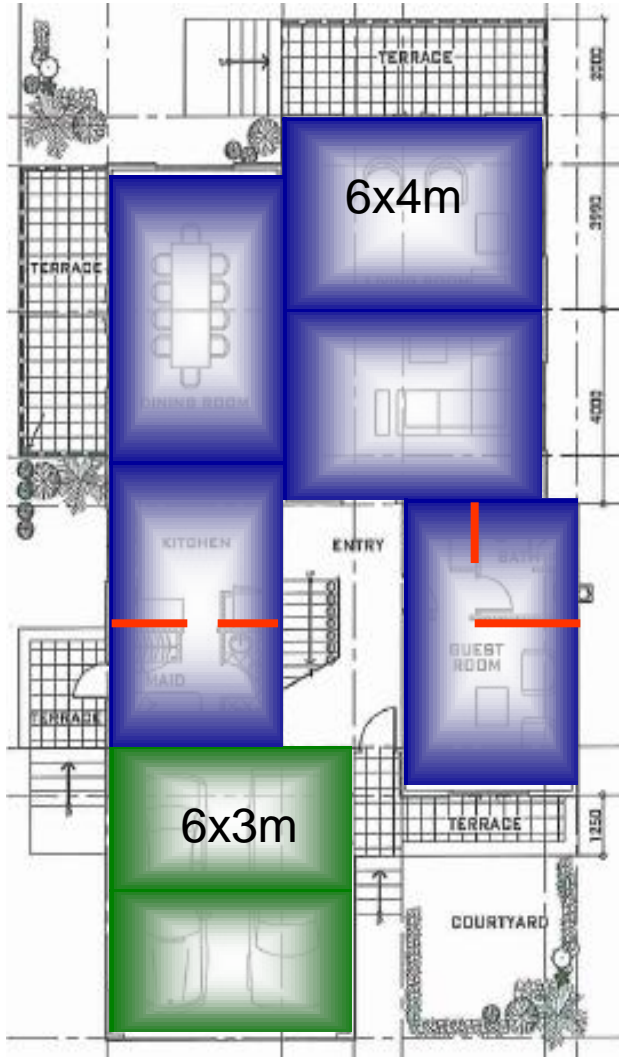
Al Ghadeer (module placement)



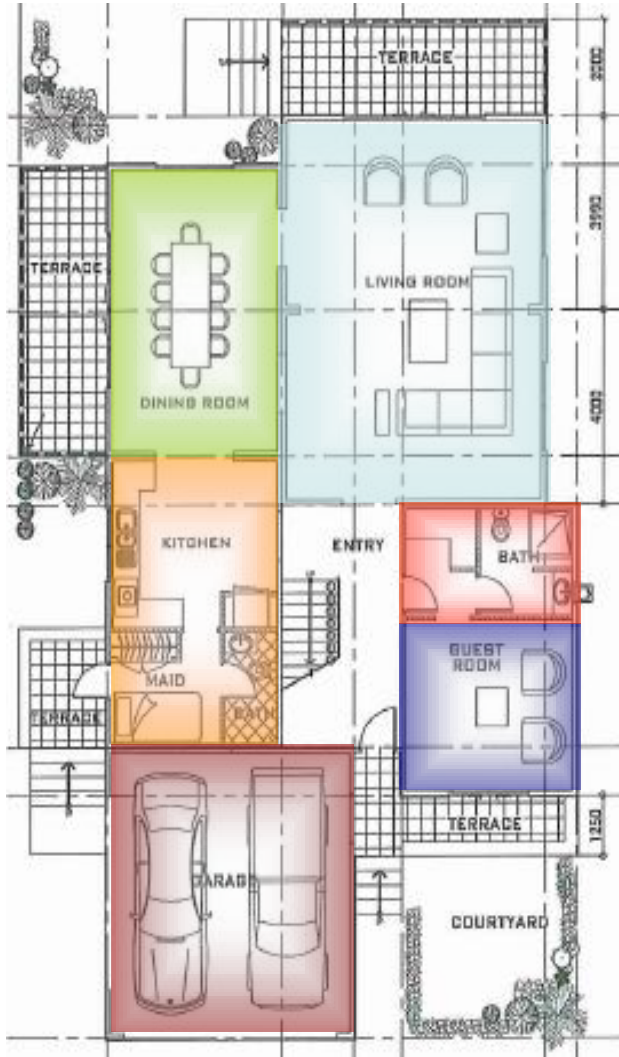
Al Ghadeer (module plans)



Al Ghadeer (additional internal walls)



Al Ghadeer



Green Precast Systems can be specified and designed into a project to the benefit of the environment and the project's bottom line



Concrete lasts thousands of years

The earth's resources are best conserved if the service life of a building is prolonged, so the **durability and longevity** of concrete makes it an ideal choice.

*Photo: the Pantheon
the largest Roman
concrete structure*



Life Cycle of **Green** Precast Systems

The embodied energy of concrete is high yet it has a very long life and is low maintenance

When the embodied energy resources used to maintain it over this time are divided in to its operational life it is highly sustainable compared with other materials



No formwork



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**Reduced
site**



Waste onsite is not lost . . .

...it often never even appears

...up to 90% reduction from Green
Precast Systems



relocatable



recyclable





•High tech mould 12-24 hour cycle



•Cast in doors, window frames and MEP



Re-usable forms

Forms have a **long life span**

Re-use of forms **reduces waste and debris** at the job site.

Construction sites are **cleaner, neater and quieter**



up to 70% labour savings on installation





up to **50%** faster construction times



Speed > velocity of capital invested

- Significant advantage of speed is that capital invested is returned in up to **half the time**
- Less risk of liquidated damages on late delivery of projects
- Income stream much sooner



Less materials



Monolithic construction **uses 5-25% materials** to achieve the same strength



- for **sustainability** initiatives
- at no extra cost to the project



Sustainability Design Considerations



Efficient Building Modules

An efficient building is one that integrates and optimises insulation levels, glazing, shading, thermal mass, air leakage control, and UV reflective exterior surfaces to minimise heat gains.

Green Precast Systems achieve this.



Sustainability & Green Precast Systems

- ❖ A **sustainable** building lies in long-life, adaptable, low-energy design
- ❖ All features of **Green Precast Systems**



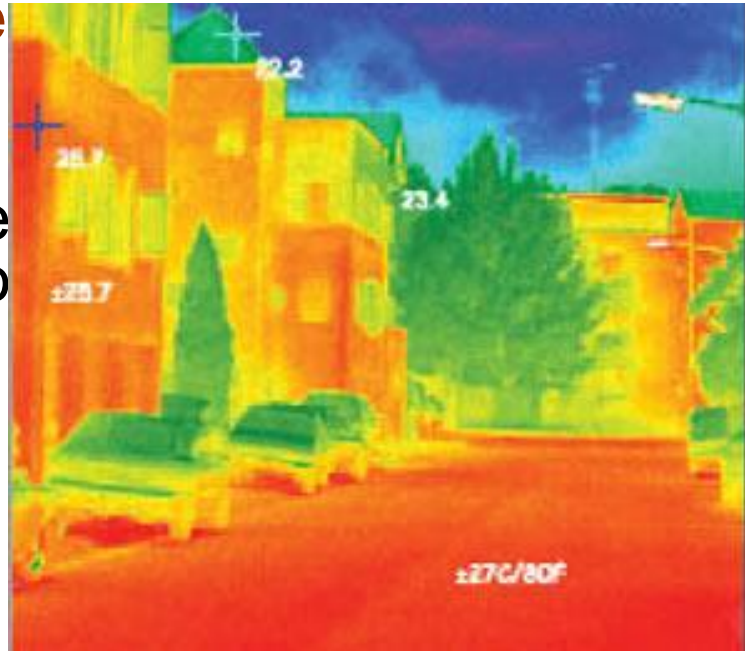
Reducing operational energy

- High reflectivity
- Thermal mass
- Insulation
- Shading
- Interior air quality
- Durability



Cooler communities

- ❖ Reflective precast concrete can moderate the heat island urban effect
- ❖ “Cool” roofs and walls have proven to lower the need for a/c up to 50%
- ❖ Solar reflective paints can increase this efficiency. **Green Precast Systems** paints have the highest reflectivity in world. Available to wider market.



Thermal Mass

- ❖ Use thermal mass in combination with insulation
- ❖ Thermal mass with insulation provides energy benefits that exceed the benefits of mass or insulation alone

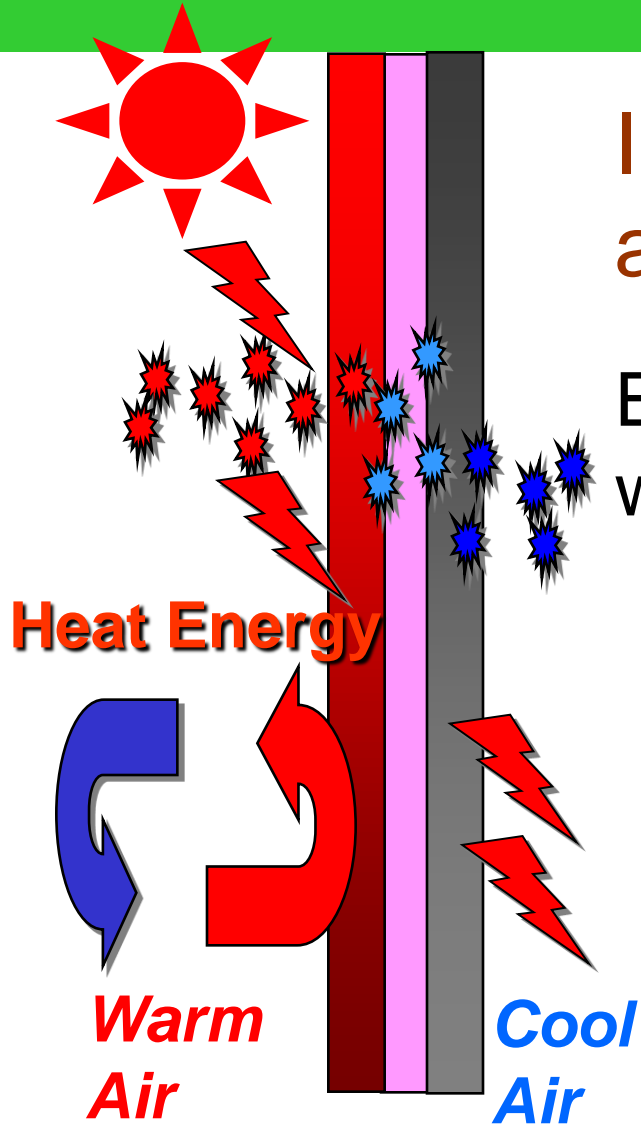


Thermal mass

- ❖ By storing and releasing the energy needed for cooling, concrete's thermal mass delivers year-round energy benefits by reducing temperature swings in buildings.
- ❖ Thermal mass impacts the size of HVAC systems.
- ❖ Thermal mass can reduce energy for cooling by up to 50%.



Insulation



Improving wall and roof assembly performance

Energy transfer is minimized by wall design:

- ❖ Add insulation
- ❖ Add mass
- ❖ Minimize thermal bridging
- ❖ Minimize infiltration & exfiltration
- ❖ Control moisture

Insulation

Sandwich core insulation



Insulation

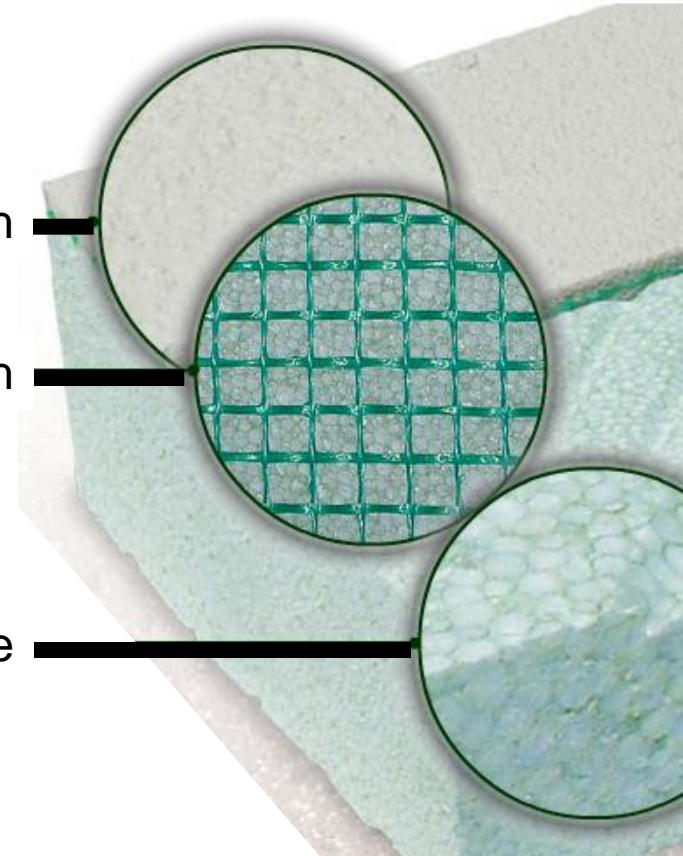
**Save
Energy
Costs up to
40%!**

- External Insulation System
- Abu Dhabi municipality approved
- Applied externally to modules for thermal mass benefit and rendered

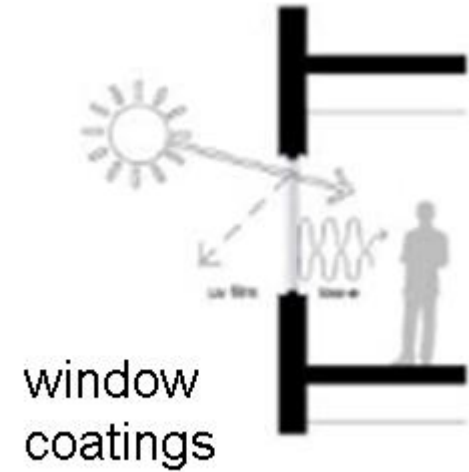
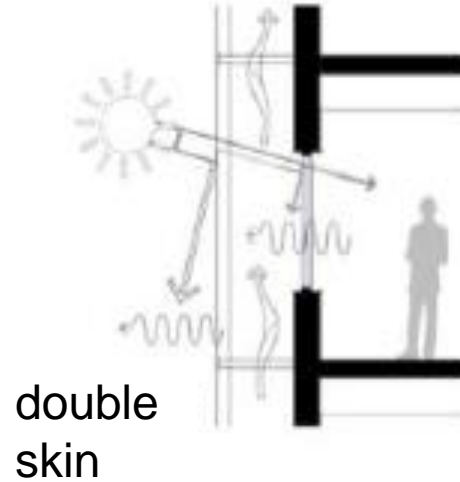
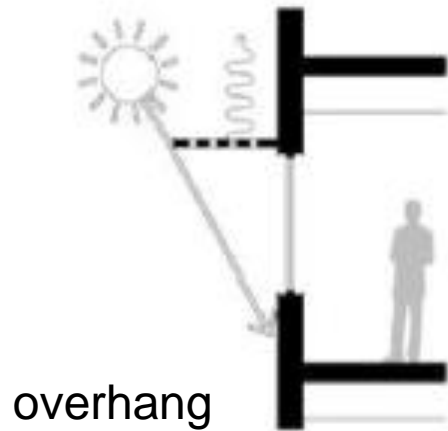
Cement render finish

Reinforcing mesh

Fire proof polystyrene



Window treatments



Shading

- ❖ Deep recessed windows allow indoor daylighting without heat buildup
- ❖ Double and insulating glazing reduce heat transfer through glass



Shading

- ❖ The inclusion of shading over windows can greatly reduce heat gain and air con use.



Photo: Photovoltaic awnings over windows



Indoor air quality

Indoor environmental quality

Excellent sound and fire protection and high thermal mass touch on every aspect of **sustainable** design as well as the important aspect of increased consideration for people's **health and safety**



Indoor air quality

People spend up to 90% of their time indoors.

- ❖ The simple lines and smart edges of **Green Precast Systems** are easy to keep clean.
- ❖ Concrete is an inert substance so it doesn't give off any gasses, toxic compounds or volatile organic compounds.



Durability

Fire resistance

- ❖ Because precast concrete is non-combustible – it does not require additional fire-proofing applications.
- ❖ 1-2 hour fire rated.



Durability

Corrosion Resistance

- ❖ Quality control in manufacture
- ❖ 40+Mpa concrete less porous
- ❖ Vibration reduces air content
- ❖ Waterproof -painted or rendered with Green Precast products



Durability

Inedible to Vermin & Insects

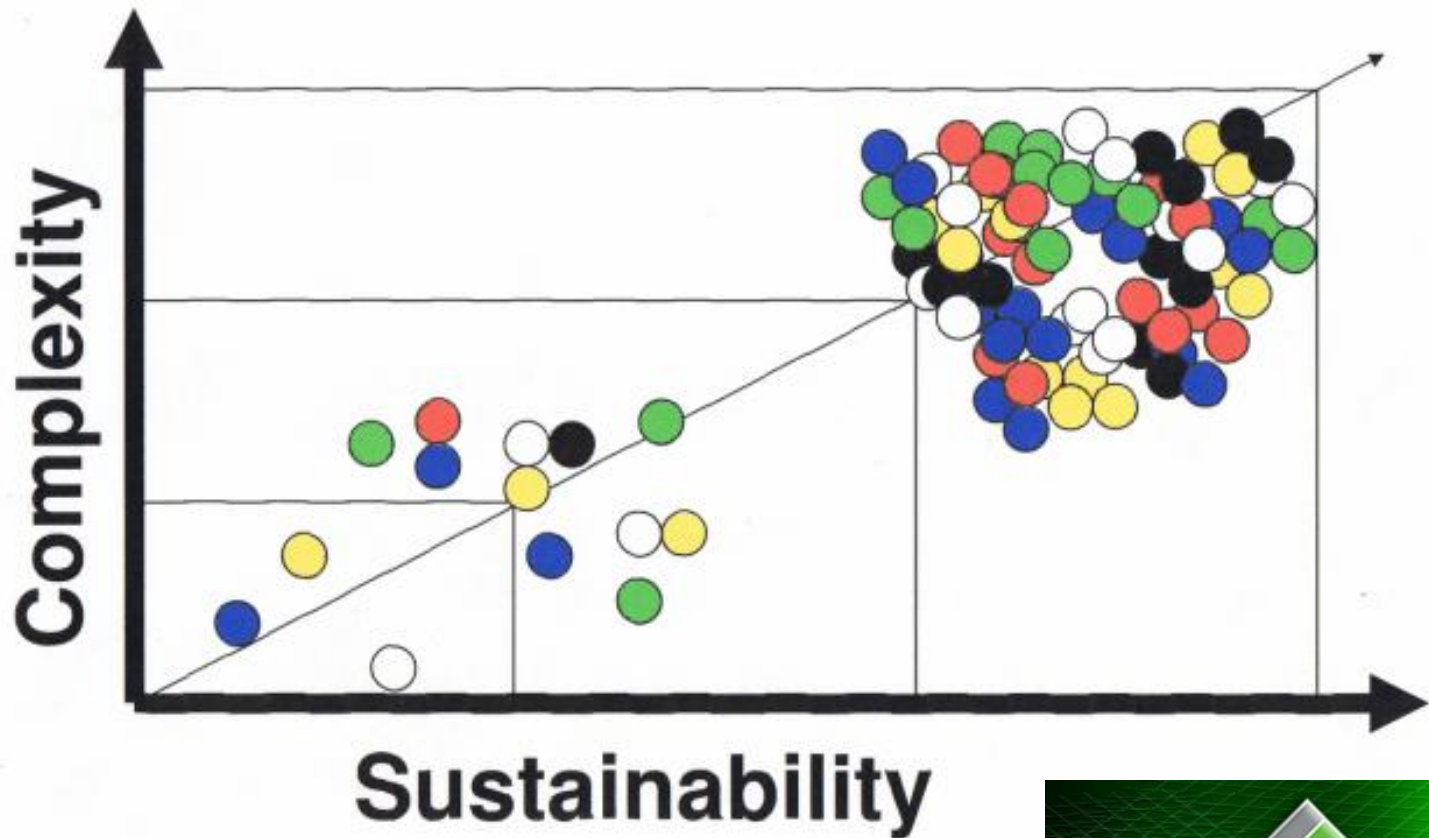
- Vermin and insects cannot destroy concrete because it is inedible.



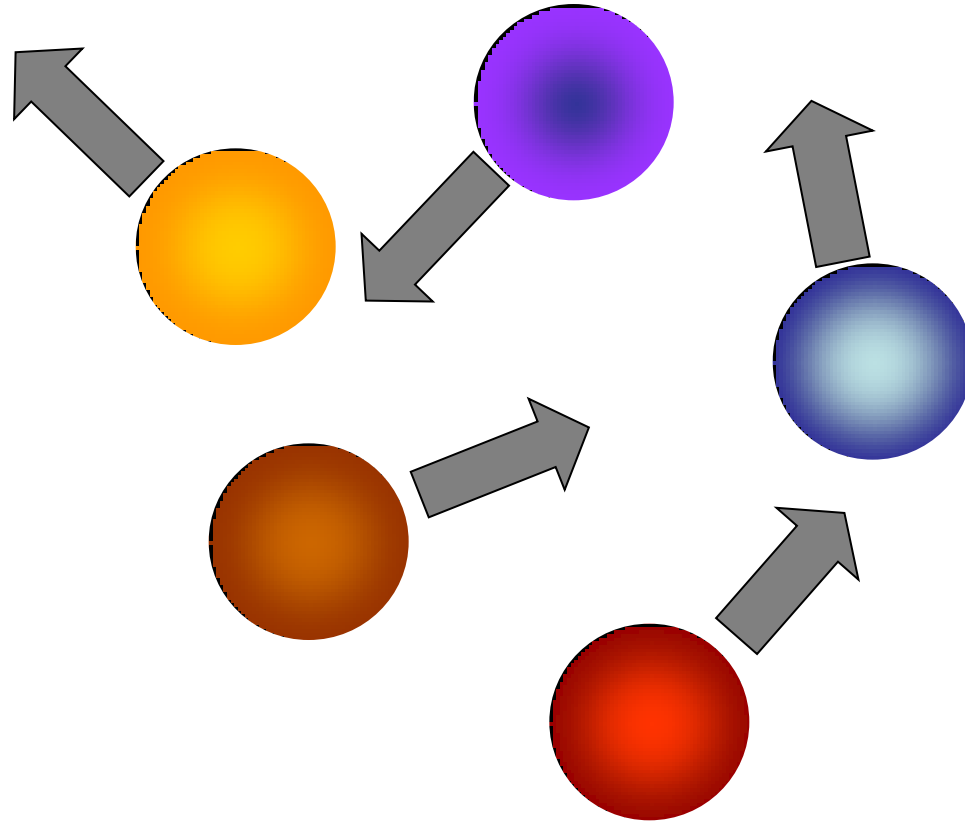
How to achieve Sustainable Design



The complexity of sustainability



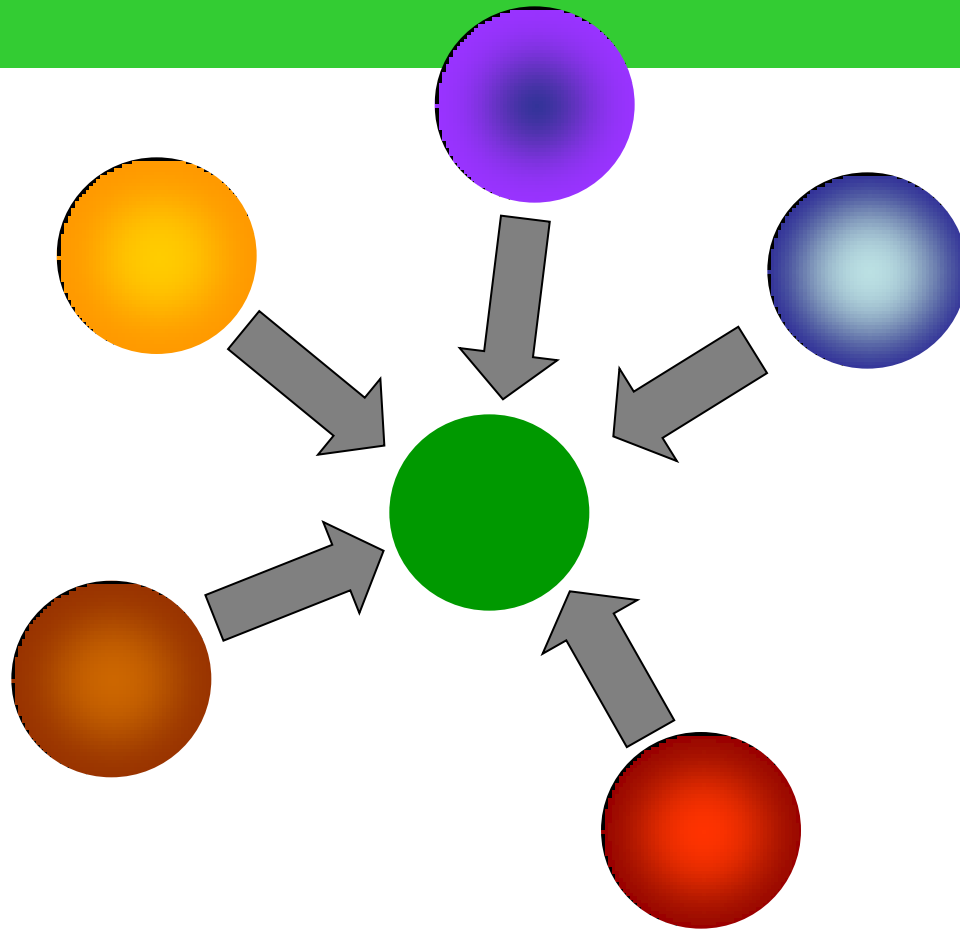
Evolution of holistic design



No focus on sustainability outcomes



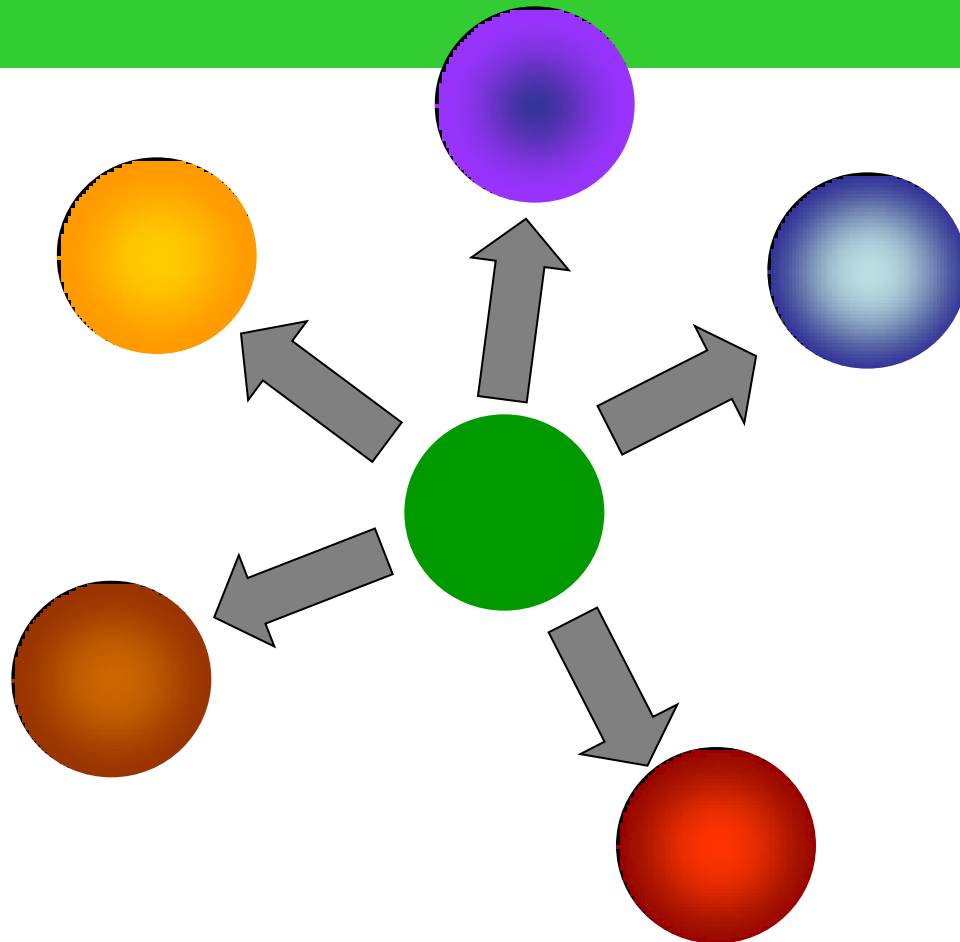
Evolution of holistic design



Focus on sustainability from their perspective



Evolution of holistic design

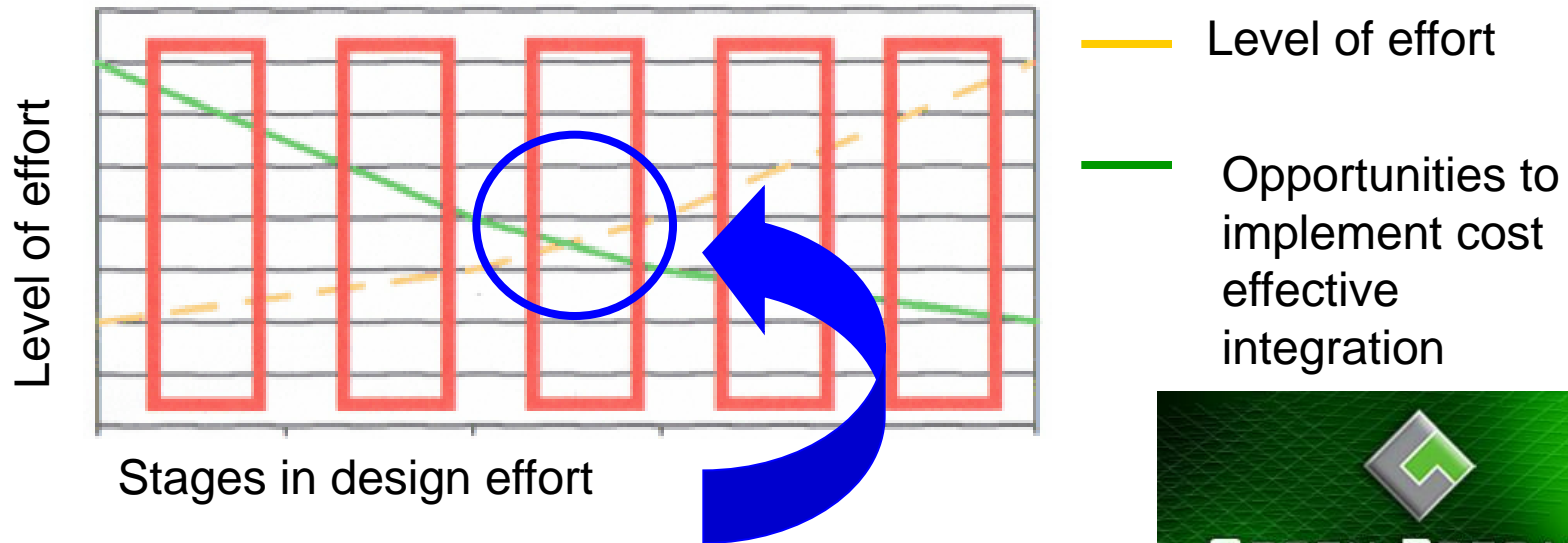


Group defines sustainability outcomes they wish to achieve, defines links and opportunities. Require high degree of ongoing communication.



Sustainability cost-effectiveness

- ❖ Good design produces cost neutral outcomes
- ❖ Holistic design must be undertaken at outset of project to achieve this



شكرا لك

Thank you

